

Hospital Bag Checklist

PACKING YOUR HOSPITAL BAG MADE SIMPLE.



Hospital Bag Checklist

Mama

- SHAMPOO,CONDITIONER,TOOTHBRUSH/TOOTHPASTE
- DEODORANT,LIPGLOSS,LOTION,
- HAIRELASTICS,HEADBAND,HAIRBRUSH
- NURSINGSUPPORTPILLOW,NIPPLECREAM
- FLIPFLOPS,ROBE,COMFORTABLENURSINGTOPS/BRAS
- COMFORTABLELOUNGE CLOTHINGANDGOHOME OUTFIT
- WATERBOTTLE,GUM/HARDCANDIES,SNACKSFROMHOME
- BOOK/MAGAZINE,CARDS,BABYBOOK,SPEAKERWITHPLAYLIST
- PHONE&PHONECHARGER

Baby

- CARSEAT(HAVELOCALBABYHANDMITTENSNEWBORNHATS
- RECIEVINGBLANKETS
- 2-3ONSIES(HOSPITALGOING(COLDHOMEMONTHS)
- OUTFIT-FIRE&SOCKS
- DEPTCHECKONCEINSTALLED)
- SHOULDALSOHAVE)
- INCLUDINGBLANKET&JACKET/BUNTIN

Partner

- IMPORTANT IDS, PAPERWORK, & PHONE NUMBERS
- CHANGE OF CLOTHES (FOR A FEW DAYS)
- WATER BOTTLE/BEVERAGES & SNACKS
- TOILETRIES FROM HOME
- PILLOW AND BLANKET (HOSPITAL SHOULD ALSO HAVE)
- PHONE & PHONE CHARGER, CAMERA WITH FULLY CHARGED BATTERY